

Memories are Made of This

A Memory Trail at St Martin's Church Dorking

Dorking Art Society member, Tricia Picking, has created a unique memory trail at St. Martin's Church in Dorking, designed especially for those who suffer with memory loss, and in loving memory of her late husband Tony, who passed away from dementia during the pandemic. This multi-sensory experience invites visitors to explore cherished memories through sights, sounds and textures within the beautiful setting of the church. Along the trail, visitors and their carers can see and feel significant features of the church, including the grand organ, the ancient pulpit, and the elaborately carved wooden font, helping visitors connect with both the church's history and their own personal memories. Supported by The Dorking Arts Society, this project is a part of TDAS's ongoing commitment to community and creativity.

Tricia hopes that all those looking after loved ones suffering from memory loss will take the opportunity to visit St Martin's. There are many aspects of a church that are not immediately obvious, but are part of its fabric and can throw up many memories when you look and listen and feel more carefully, something she came to appreciate during the year she worked on the project. Through her thoughtful work, Tricia hopes to create moments of comfort and reflection for all who come, especially those affected by dementia and memory loss.

Laminated A4 guides are available at the church to guide people through the various aspects of the memory trail.